

Argentine Tango Classes for Adults

From the streets of Buenos Aires, we bring you the traditional Argentine Tango!

- **MONDAY** with David Dugas (9 lessons)
- March 25 April 1,8,15,29 May 6,13,27 June 10th (135\$ p.p.)
- 6:00 - 7:00PM (BIG GYM)

Latino Dance Classes for Adults

Learn how to Salsa, Bachata and Merengue for adults!

- **MONDAY** dance with David Dugas (9 lessons)
- March 25 April 1,8,15,29 May 6,13,27 June 10th (135\$ p.p.)
- 7:00 - 8:00PM (BIG GYM)

Dance Sport Classes for kids (4-12yrs)

Also called "Ballroom dancing" your kids will be learning the Cha-cha, Samba, Jive, Slow Waltz, Tango and Quickstep! Improving their overall health by working on their posture, coordination, flexibility and learning great skills like self confidence and teamwork by dancing with a partner.

- **TUESDAY** with Sarah-Maude Thibaudeau (10 lessons)
- March 26 April 2,9,16,23,30 May 7,14,21,28 (130\$ p.p.)
- 6:00 - 7:00PM (BIG GYM)

Latino and Ballroom Dance Classes for Adults

Learn how to Salsa, Bachata, Merengue, Cha-cha, Samba, Rumba, Jive, Slow Waltz, Tango, Foxtrot and Quickstep. Come with your spouse or on your own. No partner required!

- **TUESDAY** with David Dugas (10 lessons)
- March 26 April 2,9,16,23,30 May 7,14,21,28 (150\$ p.p.)
- 6:00 - 7:00PM (BIG GYM stage side of the separation)

Deadline for registrations March 20th!!!



Line Dance Classes for Adults

*If you want to be able to get up and dance at anytime this is the class for you!
It will teach you some of the most popular line dances and keep you in great shape.*

- **WEDNESDAY with Rejean Montbleau** (10 lessons)
- March 27 April 3,10,24, May 1,8,15,22,29, June 5th (**150\$ p.p.**)
- 7:00 - 8:30PM (BIG GYM)

MORNING Dance Sport for kids before school

- **WEDNESDAY morning dance Sport Kids with Sarah-Maude Thibaudeau** (10 lessons)
- March 27 April 3,10,24, May 1,8,15,22,29, June 5th (**130\$ p.p.**)
- 7:45 - 8:45AM (BIG GYM)

Latino lessons for Parents and Child together!!!

If you are looking for an activity to do with your kids, come learn the Latino dances together with your child and have a memorable time together!!!

- **THURSDAY Latino dance parent & child with Corey-Ann Westlake** (9 lessons)
- March 28 April 4,11,25 May 2,9,16,30, June 6th (**parent 150\$ / child 130\$ p.p.**)
- 6:00 - 7:00PM (BIG GYM)

Latino Dance Classes for Adults

Learn how to Salsa, Bachata and Merengue!

- **FRIDAY Latino dance with Daniel Zaharia** (9 lessons)
- March 29 April 5,12,26 May 3,10,31 June 7,14 (**135\$ p.p.**)
- 7:00 - 8:00PM (BIG GYM)

Morning Dance Sport Classes for kids (4-12yrs)

- **FRIDAY morning dance sport kids with Sarah-Maude Thibaudeau** (9 lessons)
- March 29 April 5,12,26 May 3,10,31 June 7,14 (**120\$ p.p.**)
- 7:45 - 8:45AM (BIG GYM)

Deadline for registrations March 20th!!!

**All classes are offered in English and French*

