



Twin Oaks Elementary
700 Lisane
Laval (Québec) H7P 3T2
T 450 680-3045
F 450 625-1414
twinoaks.schoolqc.ca/

AN ENGLISH
EDUCATION,
A BILINGUAL
FUTURE

UNE
ÉDUCATION
EN ANGLAIS,
UN AVENIR
BILINGUE



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
SIR WILFRID LAURIER SCHOOL BOARD
www.swlauriersb.qc.ca



Dear Parents,

In accordance with the Ministère de l'Éducation et de l'Enseignement supérieur, our school will be providing students with sexuality education in the 2018-19 school year. Students will receive 5 to 15 hours of sexuality education over the course of the year.

Québec schools have exercised their responsibility with respect to sexuality education for almost 40 years:

- from the 1980s to 2000, through the Personal and Social Education program curriculum delivered by teachers
- from 2000 on, sexuality education has been provided by teachers and non-teaching professionals using a variety of means

Sexuality education in the schools will therefore continue with specific learning content for each level of elementary education.

Sexuality education is essential to the overall development of children. The learning content takes into account contemporary issues, for example, easy access to images and messages about sexuality in the community and the use of social media.

The learning content defined by the Ministère is tailored to the students' ages and levels of development, and is in line with the recommendations of experts from the World Health Organization and UNESCO. The content will be taught by school personnel in collaboration with partners chosen by the school (e.g. health network, community organizations).

Two to four of the six themes will be covered with students each year. The themes are as follows:

- **General Understanding of Sexuality:** sexuality is at the core of who we are and has a number of dimensions (e.g. physical, psychological, affective, socio-cultural)
- **Sexual Growth and Body Image:** knowing your body, appreciating and taking care of it, understanding puberty
- **Identity, Gender Stereotypes and Roles, and Social Norms:** the different ways masculinity and femininity can be expressed, the importance of being able to express yourself beyond gender stereotypes
- **Emotional and Romantic Life:** friendship, expressing your feelings, new feelings that come with puberty, etc.
- **Sexual Assault:** safety rules, strategies for protecting yourself and the importance of reporting an incident of sexual assault to an adult
- **Pregnancy and Birth:** union of an egg and a sperm, the phenomenon of birth, stages in the development of a fetus

Twin Oaks Elementary

700 Lisane
Laval (Québec) H7P 3T2
T 450 680-3045
F 450 625-1414
twinoaks.schoolqc.ca/

AN ENGLISH
EDUCATION,
**A BILINGUAL
FUTURE**

UNE
ÉDUCATION
EN ANGLAIS,
**UN AVENIR
BILINGUE**



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
SIR WILFRID LAURIER SCHOOL BOARD
www.swlauriersb.qc.ca

The school and the family play complementary roles in sexuality education. The complementary nature of these roles reinforces and optimizes the efforts of both. Rest assured that the school team is deeply committed to the healthy development of your child.

For more information, please visit <http://www.education.gouv.qc.ca/en/parents-and-guardians/sexuality-education/>

Feel free to contact us if you have any questions.

Yours Sincerely,

Dena Chronopoulos
Principal